What does the word ‘bullying’ mean to you?
A survey of over 11,000 secondary pupils in England and Wales reported that 11% said they had been bullied a lot and 33% sometimes.

Of those bullied, 88% reported it happening in school, also 31% out of school, 15% in cyberspace, 13% on a mobile phone, and 15% on the journey to/from school.
Why does bullying happen?

Bullying is often a result of prejudice. Prejudice can take many forms, including:

- Sexual/sexist
- Homophobic
- Targeted at race and/or faith
- Disability
What are the effects of bullying?

- Low self-esteem
- Overeating, anorexia
- Depression
- Lower grades
- Difficulty in forming personal relationships
What is bullying?

Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.
Jack creates a fake social-media profile in Aaron’s name.
Jack uses the account to spread rumours about Aaron.
Luke sends an embarrassing picture of his ex-girlfriend Lucy to several of his friends.
Amy is jealous of her friend Jasmine, who has recently become friends with a popular group of girls. Jasmine spreads a rumour that Amy has a crush on one of the girls.
Power for Good

Anti-Bullying Week 2018 - official film (*Bullied*)
St Helens College 14-16 Academy
What can we do to prevent bullying?

One kind word can change someone's entire day.
Take action!

- How do we deal with bullying in our school?

- What should you do if you see someone being bullied or suspect that bullying is taking place?